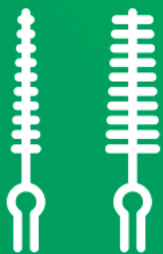


Your interdental cleaning **CHECKLIST:**



Clean between your teeth
AT LEAST ONCE A DAY
after brushing



Choose the interdental and the
SIZE(S) which are most adapted



Clean **GENTLY** to avoid
irritating your gums



Leave your interdental brush to **DRY**
VERTICALLY to prevent the
growth of bacteria



Use a mouthwash just **AFTER**
CLEANING BETWEEN YOUR TEETH